

APPENDIX 'F'

HILL/MOUNTAIN FLYING ROUTE-CHECK

Company _____	Date of check _____
Name of Pilot _____	Block time (D/N) _____
License No. _____	Location _____
Date of last check _____	Type of Helicopter _____
Examiner _____	Registration _____

	Pilot proficiency
A. Ground Checks	
1. Status on recurrent training	
2. Performance and limitations	
3. Mass & Balance	
4. Emergency procedures	
B. Flight Preparation	
1. Weather situation	
a. Weather charts	
b. Forecasts	
c. Winds and temperatures	
d. Freezing level/altitude	
2. Flight planning	
a. Fuel calculation	
b. Performance calculation	
c. Payload calculation	
3. Pre-flight inspection	
4. Use of checklist	
5. Engine starting procedures	
6. Cockpit check after starting	
7. Departure briefing	
8. Navigation systems set-up	
9. Taxi	
C. En-route	
1. Navigation	
2. Route selection	
D. Approach, Landing, Departure	
1. Reconnaissance	
a. Wind direction and velocity	

